



HAVE YOU HAD A CONFIRMED COVID-19 INFECTION MORE THAN 3 MONTHS AGO & ARE NOW EXPERIENCING ON-GOING FATIGUE & COGNITIVE IMPAIRMENT PROBLEMS?

You are invited to participate in a study led by researchers at Queen's University to evaluate the effectiveness of neurofeedback training to see if it is helpful when individuals report having decreased mental function and long-term side effects with long COVID.

Other common symptoms include sleep disturbances, shortness of breath, anxiety, depression, general pain and discomfort. These symptoms can have a negative effect on quality of life for many people post COVID-19.

NEUROPTIMAL™ NEUROFEEDBACK

NeurOptimal™ neurofeedback has been found to improve fatigue, memory, concentration problems and other symptoms among various populations. Study participants will receive 20 neurofeedback sessions using NeurOptimal™ EEG technology at no cost. This is not a medical treatment. It is a non-invasive, drug-free form of brain training that helps the brain to achieve a calmer, more focused state like the effects of meditation, and is reported to help with a variety of conditions including fatigue, depression, anxiety, sleep disorders and cognitive decline.

FOR MORE INFORMATION ABOUT PARTICIPATING IN THE STUDY PLEASE CONTACT:

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